

# HeartyNews

THURSDAY 24TH OF JULY / PUBLIC DAY

- 07:30 AM Breakfast  
Information Desk / Enrollment activities
- 8:30 AM Arrival guests of „Public Day“
- 9:00 AM Speech “Why I like/hate being a GUCH doctor”  
PD Dr. Matthias Greutmann  
MD/Affiliation: University Heart Center, Cardiology,  
Adult Congenital Heart Disease Program,  
University Hospital of Zurich, Switzerland  
Dr. Theresa Seeliger  
MD/GUCH cardiologist, Switzerland
- 10:30 AM Break
- 11:00 AM Speech “The challenge in our health care system:  
Turning patients into partners”  
Christina Fasser Vice-President of Pro Raris  
(Alliance for rare diseases)
- 1:00 PM Lunch
- 2:00-4:00 PM Visit Höllgrotte (for the guests of the Public Day)
- 2:00 PM European Congenital Heart Group (Room B)
- 3:30 PM Break
- 4:00 PM Feedback Conference (Room B)
- 5:30 PM Traditional soccer match
- 7:30 PM Gala dinner with Band

This afternoon, two teams will challenge at our traditional soccer match which is played at the backside of the Eckstein on the pitch.

Tonight, we will have our special Gala evening with a delicious menu and live music and the band elven performing the „tough heart“ song for us. The Gala dinner takes place in the conference hall.

## News around the Conference

Yesterday morning, we were literally "tough" when we spoke in small conversation groups about what we love and hate about being a GUCH. This included conversations about emotional distress, pain, fears, suffering and living with restrictions. It was consoling to discuss our experiences amongst GUCH.

Dr. Noémi De Stroutz spoke afterwards about psycho-social research concerning GUCH in her speech with the accurate title: "Hurray, we are still alive!".

In the afternoon, the delegates had the choice between the following activities: Discovering Lucerne on a "fox trail" or on their own, and a creative workshop with the GUCH-artist Rinaldo Collenberg.

After a delicious BBQ, the pantomime Damir Dantes made us laugh so that we could finish this *tough* day with a hearty laughter.



## Hearty Quote of the Day

“Nothing is less in our power than the heart, and far from commanding we are forced to obey it.”

Jean Jacques Rousseau, 1712 – 1778, an influential Swiss philosopher

## Weather

Do 24.07.



05:59



21:05



abnehmend



25° 18°

68% 23 km/h

Ortszeit

02:00

05:00

08:00

11:00

14:00

17:00

20:00

23:00

Wetterzustand

20

18

18

20

23

24

23

20

Temperatur °C

10

8

23

16

23

18

18

16

Niederschlags-  
wahrscheinlichkeit %



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